



Seniors Helping Senior Programs

Eligibility Criteria

Individuals must be:

- 55 years of age or older.
- Able to attend programs independently or follow the direction of a care giver who attends along with them.
- Able to attend to their own personal needs and care while in attendance, if attending alone.

Transition Criteria:

Given the nature of the programs there is no formal transition process.

Exit Criteria:

Individuals who are unable to participate independently, or who do not have a caregiver to accompany them, are not suitable for this program.

Cyber Seniors - Clients who do not meet attendance requirements will be demitted from class so their space can be offered to another.

Date Approved: February 2016