



## Seniors Helping Seniors Program Scope of Service

The Seniors Helping Seniors Program is available to Caledon citizens who are 55 years of age and older. Services are provided in the Albion Public Library in Peel Seniors' Residences across Caledon and at the Exchange in Bolton.

The program has two levels of benefit for Caledon Seniors. Individuals interested in sharing their skills with other seniors can apply to lead a Seniors Helping Seniors activity and receive an honorarium. As well, seniors can participate in a broad range of activities that varies from year to year. The program is offered free of charge (a materials fee may be required for specific activities). A program calendar is available. Programs are typically offered Monday thru Friday between 10 a.m. – 4 p.m.

Registration is required for some programs.

The program is funded in part by the Central West Local Health Integration Network.

Date Approved: February 2016