Seniors Helping Seniors Program
Scope of Service

Seniors Helping Seniors Program is funded in part by the Central West Local Health Integration Network to recruit and support volunteers, who wish to take on a leadership role independently or embedded within a Seniors Health & Wellness Program. Individuals are invited to submit their interest, the activity they intend to lead and any identified expenses, when openings become available.

The Seniors Helping Seniors Program is a volunteer based program, the Volunteer Leads for this program will only be reimbursed for approved direct service program expenses, this does NOT include gas or mileage, except if a Lead was travelling to multiple locations to deliver their program in the same day and it is not intended to pay for the purchase of someone's services.

Seniors Helping Seniors leaders must be 55 years of age or older. Seniors Helping Seniors programs are provided in Peel Living Buildings; the Exchange in Bolton; the Public Library; and other public spaces throughout Caledon.

The Seniors Helping Seniors (SHS) program has two levels of benefit for Caledon Seniors.

- First, individuals interested in sharing their skills with other seniors, can develop a program and apply to lead it, independently or embedded within a Seniors Health & Wellness Program through CCS' Seniors Helping Seniors Program. Seniors who would like to lead a program must contact the Program Coordinator to present their idea. Individuals, who are accepted to lead an SHS program will be required to enter into a volunteer agreement with CCS and would be remunerated for any identified and approved expenses.
- Second, individuals who want to participate in SHS programs can attend a broad range of activities that vary from year to year, in accordance with the skills and interests of seniors who are leading programs. The program is offered free of charge (a materials fee may be required for specific activities). A program calendar is available. Programs are typically offered Monday thru Friday between 9 a.m. – 4:30 p.m.

Registration is required for some programs.

Developed & Approved: March 2016
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