# There's More Support Available In Caledon Than You Think

Connect with CCS to access the help you need! In Caledon, you don't have to struggle alone.





need it most















For full range of services including those for seniors, youth, job seekers and employers see the other side or visit our website.

"Being a Kidz in Caledon kid, made for a happy childhood."

- RECENT GRADUATE OF THE UNIVERSITY OF TORONTO

ccs4u.org | 905-584-2300







Toll-Free: 1-833-55-CCS4U (22748)



## **BUILDING COMMUNITY &** PROVIDING LEADERSHIP SINCE

With more than 50 years of serving our Caledon neighbours, Caledon Community Services impacts people of all ages by providing a multitude of opportunities and supports for improved health and wellbeing, jobs and training and life in this non-typical urban/rural mix and fast-growing community. Discover what's available to assist you, your family, friends, neighbours and businesses.

## HEALTH

## HFF



Home & Community Care, CW LHIN.

#### Transitional Care Centre Ext. 265

Caledon's only TCC helping adults 55+ return to

#### Respite Companionship Ext. 225

#### Seniors Health & Wellness Ext. 273

#### Seniors Helping Seniors Ext. 273

Stay "young at heart" and share your skills with other interested seniors. Attend an existing group

#### Caledon Specialist Clinic Ext. 920

referral from your primary care physician or nurse

#### Iransportation Ext. 218

Offering two choices to fit your life and make getting around easier than ever.

Accessible Transportation for seniors and adults with disabilities 16+ provides accessible rides to

#### Settlement Services Ext. 257

(Two locations to serve you). Providing a wide variety of services to immigrants and refugees, including referrals, Citizenship preparation, employment programs and language learning in an inclusive and welcoming environment.

#### Language Instruction for Newcomers to Canada (LINC) Ext. 257

All skill levels, English language training for eligible newcomers to Canada.

#### The Eh (English Help) Cafe Ext.257

An opportunity, offered weekly, to anyone to practice their language skills in an Informal, social and safe setting.

#### Evolve Caledon Ext. 310

4 Industrial Road, Bolton, ON Shop | Donate | Volunteer

Shift to Thrift: Open Tues - Sat. Experience the thrill of affordable finds! 100% of the net proceeds support community and divert items from landfill. For shopping and donation hours and more info

visit www.evolvecaledon.com

#### Volunteer Services Ext. 277

At the heart of CCS this innovative, exciting opportunity supports every aspect of service. Our volunteers develop new skills, pursue interests, share ideas, resources, time and leadership all while changing lives in our community.

#### CCS | Exchange

55 Healey Road, Unit 10, Bolton, ON

Caledon's Community Connection Centre and Main Office | Mon - Fri, 9:00 a.m. - 4:30 p.m.

#### Community Engagement Ext. 202

Including Food Supports and programs that improve health, foster belonging and social justice built on the power of food.

#### Community Care\* Ext. 208/201

We're here to help with your unique and changing needs. Register for personalized services that make life better like food supports, utilities, help with heat & programs for kids. You're not alone and we prove it.

#### Jobs & Training\* Ext. 200

#### LIFE for Youth Ext. 232

#### Work Force Development/Healthy Businesses Ext. 248

### **Caring Community Starts Here**

\*The Community Care Caseworker and Jobs Team are available in Caledon Public Library locations in areas close to you - for dates and times visit our website.

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